

**34**  
**WEEK RETREAT**  
**IN DAILY LIFE**



ST. ANTHONY RETREAT  
Santa Teresita Youth Conference Center

**An online retreat following the Spiritual Exercises of St. Ignatius of Loyola**

**September 15, 2022  
thru May 11, 2022**

**\$50.00  
PER PERSON**

Every now and then,  
life presents us with a unique,  
powerful and life-changing opportunity  
that, if we are free to embrace it,  
will lead us to profound inner growth  
and spiritual transformation.  
This is one such opportunity

This year, our retreat will meet every Wednesday from 7:00 p.m. through 8:15 p.m. via Zoom. You can make this remarkable retreat experience at home during the ordinary activities of your life.

The requirements of the thirty-four week retreat are basic and simple:

- Spend a period in prayer each day
- Reflect on the material of the exercises throughout the day
- Keep a prayer journal throughout the retreat.

Meanwhile, during our weekly zoom meetings, the retreat team will introduce some very fruitful ways to pray, offer practical tips to get the most out of our prayer time, along with sharing sessions for personal support, encouragement, and the motivation to sustain us in our efforts.

As the retreat team says, *“We’re here to help, but it is God who is going to give you the retreat.”* Just imagine what God can do if we are willing to spend time with him and give him access to our hearts each day for 34 weeks!

**For more information or to register, please visit us online  
at [www.stanthonyretreat.org](http://www.stanthonyretreat.org) or call us at (559) 561-4595.**



*Presents*

# **34 ONLINE WEEK RETREAT IN DAILY LIFE**

## **Sept. 15, 2021-May 11, 2022**

**\$50 per person (includes retreat book and all materials)**

**Retreat meets online via Zoom every Wednesday  
from 7:00 p.m. through 8:15 p.m.**

**Online sessions will be recorded and made available for anyone  
who cannot make the regular Wednesday meetings.**

**Register online at [www.stanthonyretreat.org/34weeks2021](http://www.stanthonyretreat.org/34weeks2021)  
or complete the form below.**

**Name:** \_\_\_\_\_ **Phone:** (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Parish Name:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**How did you hear about this retreat?** \_\_\_\_\_

**Credit Card #** \_\_\_\_\_ **Exp. Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

We accept Visa, MC, and Discover

**Charge:**  \$50.00  **Other Amount:** \$ \_\_\_\_\_.

**Name on Card:** \_\_\_\_\_

Please Print

Signature

To make a reservation, please complete the form and send \$50.00 to:  
St. Anthony Retreat Center ♦ PO Box 249 ♦ Three Rivers, CA 93271-0249

Registration will be confirmed and book will be mailed  
after \$50 retreat fee has been received.

(559) 561-4595 ♦ Fax (559) 561-4493 ♦ [www.stanthonyretreat.org](http://www.stanthonyretreat.org)

**Make Checks payable to "St. Anthony Retreat"**

**ALL DEPOSITS ARE NON-REFUNDABLE AND NON-TRANSFERABLE**