



Marriage Enrichment Retreat

43816 Sierra Drive/Hwy 198
Three River, CA 93271

A CATHOLIC "NEW WAY TO LOVE" January 4-6, 2019

Join Ellen Truschel for a restorative weekend where she will share with you her five shortcut strategies for restoring connection to your marriage and building the relationship your heart desires. You and your spouse will learn strategies to:

- REDISCOVER** each another and yourselves by exploring your deepest needs;
- RESTORE** the connection;
- REKINDLE** the flame of intimacy;
- RESET** your marriage by creating a new vision of yourselves as a couple;
- RENEW** your commitment to journey together in joyfulness.

"RESTORING HOPE TO RELATIONSHIPS THAT MATTER MOST"

Facilitator: Ellen Truschel



Ellen Truschel is a licenced Marriage & Family Therapist and CEO of Central Valley Counseling Center. She has been married 25 years and has two children. She is a devoted Catholic and a parishioner of Holy Spirit Catholic Church in Fresno. She has a vast experience leading healing retreats, workshops, seminars and groups that are focused on healing hearts, relationships, trauma, and spiritual injuries.

(This retreat will be repeated May 31-June 2, 2019)

COST: Early Bird Special Fee \$475 per couple until December 21, 2019; afterwards \$520 per couple. The cost includes, room, meals, and speaker's fee.

FOR MORE INFORMATION: call (559) 561-4595 or e-mail barbara@stanthonyretreat.org

TO REGISTER: Send the registration form below to St. Anthony Retreat, PO Box 249, Three Rivers, CA 93271 or fax to (559) 561-4493, or simply call us at (559) 561-4595

Names _____ Phone _____

Address _____ City & State _____ Zip _____

Special Dietary Needs: _____ Stairs? Yes _____ No _____

Amount Enclosed: \$ _____ (\$50 Non-Refundable Deposit towards the \$475 before 12/21 // or towards the \$520 after 12/21)

If you would prefer to pay by Credit/Debit Card please call us at (559) 561-4595 so we can assist you

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RETREAT BEGINS FRIDAY WITH 6PM DINNER AND ENDS SUNDAY AFTER 12PM LUNCH